

Resource list of Websites

<http://www.komen.org/> (Susan G. Komen site for breast cancer patients providing support, resources, and financial assistance)

www.cancer.gov (a complete guide about cancer from the National Cancer Institute)

www.cancer.net (the most trusted and up-to-date cancer information, developed by the world's leading cancer doctors)

www.cancer.org (American Cancer Society information. Phone # 800-227-2345 is a nationwide voluntary health organization dedicated to eliminating cancer)

www.cancerandcareers.org/en (how to balance a cancer diagnosis and work with support and transitional resources)

www.cancersupportcommunity.org (a global network of education and hope)

www.ccalliance.org (an all-inclusive guide to colon cancer and available resources)

www.journeytobefreenaturally.org (provides support between completing treatment and redesigning a healthy and happy life after cancer)

www.lls.org (a comprehensive guide to fighting blood cancers from the Leukemia and Lymphoma Society)

www.patientadvocate.org (sources for co-pay assistance and answers questions about treatment costs)

www.pinklink.org (The Pink-Link Breast Cancer Social Network provides valuable community and support resources for women affected by Breast Cancer)

www.thebreastcancercharities.org (a general guide for a breast cancer diagnosis including education, support, events)

Financial Assistance For ALL CANCER

www.21stcenturycare.org (provide financial assistance to eligible cancer patients diagnosed within 6 months of the date of application. Phone # 239-936-3756)

www.abccm.org (churches working together to serve their neighbors)

www.advocacyconnector.com (provides financial and advocacy resources searchable by cancer type)

www.babcinc.com (**All Cancers Men and Women** – to provide temporary financial assistance to people who are directly and indirectly affected by cancer and are struggling to pay living expenses. Phone # 973-819-3519)

www.bmcf.net (provides financial assistance to 18-40 years old currently undergoing cancer treatment with services to meet daily needs. Phone # 661-310-7940)

www.cancercare.org (resource for cancer including counseling, support groups, education, and financial assistance. Phone # 800-813-4673)

www.cancersupportivecare.com/drug_assistance.html (provides a list of drug assistance programs from pharmaceutical companies)

www.cdfund.org (helps patients with chronic diseases find access to needed medications)

www.curetoday.com (provides an extensive list of national resources for advocacy, financial and pharmaceutical assistance)

www.eblencharities.org (provides medical assistance to families living with the burdens and effects illnesses and disabilities bring)

www.friendsofman.org (**Helps all those who fall through the safety net of available assistance** – hearing aids, dentures, glasses, basic needs, prescriptions, Cobra/Health insurance. Phone # 303-798-2342)

www.modestneeds.org (provide short-term financial assistance to individuals and families in temporary crisis who are living just above poverty level. Average grant \$750 to \$1,250. Phone # 212-463-7042)

www.mygooddays.org (provides financial assistance to patients suffering from chronic conditions who need specialty medications. Phone # 877-968-7233)

www.needymeds.org (offers discount drug cards and a database of disease-specific resources)

www.patientadvocate.org (provides comprehensive resource guide and staff to help navigate sources for co-pay assistance and answers questions about financial assistance, disability and insurance processes)

www.patientresource.com (features information on different types of cancer, newsletters and financial and advocacy resources)

www.rxoutreach.org (a nonprofit organization that helps low-income families who cannot afford the medication they need)

www.thebreastcancercharities.org/help-now-fund (apply 1st thru 5th of each month – provide emergency financial assistance for household bills. Phone # 281-296-5755)

www.thechainfund.com (**All Cancers** - provides financial assistance for household expenses. Phone # 203-530-3439)

www.thesamfund.org (provide financial assistance to young adults with cancer between the ages of 21 to 39. Phone # 866-439-9365)

Financial Assistance for DISEASE SPECIFIC

www.abcf.org (**Breast Screening ONLY** - national breast cancer assistance program that provides financial assistance for screenings and diagnostic test for uninsured and underserved individuals. Phone # 844-219-2223)

www.altpinkfoundation.com (priority is to ease the financial burden of those suffering with breast cancer)

www.bonemarrow.org (**Bone Marrow transplants** - provides financial assistance and support to patients who often lack financial resources necessary for living expenses. Phone # 800-365-1336)

www.cancerrecoveryusa.org (**ALL WOMEN'S CANCERS** – financial assistance for women who are in active treatment. Phone # 800-238-6479)

www.castingforhope.org (financial support and survivor fly fishing retreats for gynecologic cancer patients in western North Carolina)

www.catherinefund.org (provides financial aid grants for basic necessities for women who are unable to continue working throughout their treatment)

www.christinaswalshbcf.org (provide financial support directly to breast cancer patients in need from around the nation. Phone # 609-448-5420)

www.copays.org (**Breast and Ovarian Assistance** – provides financial assistance to financially and medically qualified patients, including those insured through federally administered health. Phone # 866-512-3861)

www.grant@rememberbetty.com (provides direct financial support to breast cancer patients & survivors by paying bills directly)

www.healthwellfoundation.org or google breast cancer medicare access (**Medicare patients only** – financially assist women with breast cancer. Phone # 800-675-8416)

www.hopechestforwomen.org (financial support and resource assistance for female cancer patients in western North Carolina)

www.info@prettyinpinkfoundation.org (help breast cancer patients with financial assistance that are underinsured and uninsured)

www.kammcare.com/grants (foundation dedicated to the care and financial assistance of those going through treatment of breast cancer. Phone # 800-791-4099)

www.mfocf.com (**Ovarian Cancer ONLY** – provide financial assistance to young adults 35 years old and under up to \$500 per month. Phone # 215-821-5225)

www.nfdh.org (**Dental Services ONLY – National Dental Lifeline Network** – applicants must lack adequate income to pay for dental care, have permanent disability and be age 65 or older. Phone # 303-534-5360)

www.nurseshouse.org (offers short-term financial grants to registered nurses. Phone # 518-456-7858)

www.pinkdaisyproject.com (helps women under 45 and within 3 months of Breast Cancer)

www.pinkfund.org (Short term financial aid for breast cancer patients for basic living expenses application is available to download on the 1st -15th of each month accepts applications. Phone # 877-234-7465)

www.theassistancefund.org (**Breast Cancer Copay** - was established to help patients facing high medical out-of-pocket costs by providing financial assistance for copayments, coinsurance, deductibles and other health related expenses. Phone # 855-845-3663)

www.thedonnafoundation.org (provide financial assistance and support to individuals living with breast cancer and fund ground breaking breast cancer research. Phone # 904-551-0732 or 877-236-6626)

www.tigerlillyfoundation.org (offers financial assistance for women in treatment for breast cancer, diagnosed under the age of 45. Phone # 888-580-6253)

www.triplestepowardthecure.org (**Triple Negative Cancer ONLY** – financial assistance to support women as they undergo treatment for triple negative breast cancer. Phone 510-562-1889)

www.ubcf.org (**Men and Women Breast Cancer** – financially assist women and men who are managing breast cancer. Phone # 877-822-4287)

www.zsrf.org (**Jewish Families ONLY** – support for the financial, emotional and practical needs of the patients and their families. Phone# 718-438-9355)

Local Area Meetings

Survivorship Workshop Classes – meets at Park Ridge Health and Asheville Hematology/Oncology four times per quarter from 4-5:30 (provides survivorship education and psychosocial support to cancer survivors who have completed treatment within the past year, regardless of where you received treatment) Contact info: Jennifer Reynaert, LCSW, OSW-C 828-681-2917 jennifer.reynaert@ahss.org

Oncology Educational Groups – meets at Park Ridge Health on the third Wednesday of each month and at Asheville Hematology/Oncology on the fourth Thursday of each month (educational format that offers a new topic each session and always allows time for open discussion, for anyone in the community including patients, family, and caregivers who are undergoing the stresses of cancer treatment) Contact info: Jennifer Reynaert, LCSW, OSW-C 828-681-2917 jennifer.reynaert@ahss.org

The Strength for Living support group – meets at Trinity Baptist Church's Lighthouse on 156 Shelburne Road in West Asheville on the first Thursday of each month at 6pm (includes all types of cancer patients, men or women, and their caregivers) Contact info: Director Pat Johnston 828-319-7432

Live Strong at the YMCA (12 week small group program designed for adult cancer survivors who have become de-conditioned or chronically fatigued from their treatment and/or disease) Contact info: Rachel Dudasik rdudasik@ymcawnc.org 828-210-9607 For general information regarding the YMCA and all of the programs in addition to Live Strong they offer, please visit www.ymcawnc.org.

Five local YMCAs:

Asheville (downtown) 828-210-9622
Woodfin (the town of Woodfin) 828-505-3990
Reuter (Biltmore Park) 828-651-9622
Corpening (Marion) 828-659-9622
Hendersonville (downtown) 828-692-5774

Casting for Recovery (free weekend retreats for breast cancer survivors) Contact info: Starr Nolan cfrc@charter.net 828-215-4234

Casting for Hope (retreats for gynecologic cancer patients and survivors) Contact info: Kathy Haney kathy@castingforhope.org 828-712-2716